

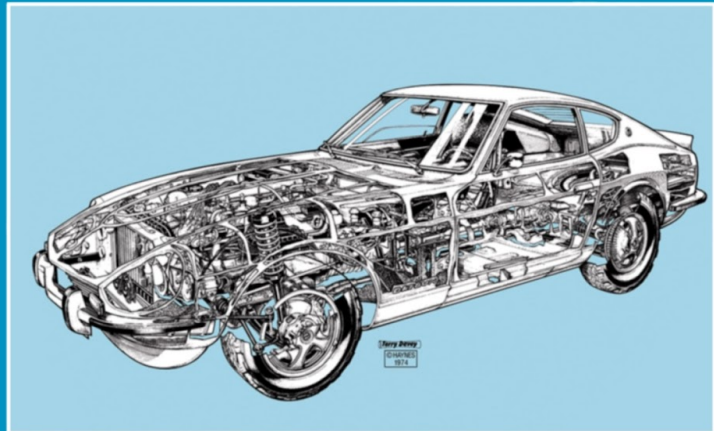
THE WAY IT WORKS

10C, 26V & 20EX



Ultimate Life Guide/Manual

20:02 thru 20:17 Commandments
1 - 10, no other, no idols, not in vain, 6-day & 1, honor, not kill,
loyal, not steal, not lie, not covet



The Way it Works — Sabbath

Sermon Discussion Questions – September 24, 2023

Scripture Passages:

Jeremiah 6:16 (NIV) Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.

Exodus 20:8-11 (NIV) Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore, the Lord blessed the Sabbath day and made it holy.

Mark 2:27 (NIV) Then he said to them, “The Sabbath was made for man, not man for the Sabbath.

Hebrews 4:9-11 (NIV) There remains, then, a Sabbath-rest for the people of God; for anyone who enters God’s rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.

Luke 21:34 (NIV) Be careful, or your hearts will be weighed down with dissipation, drunkenness and the anxieties of life, and that day will close on you unexpectedly like a trap.

Genesis 2:2 (NIV) By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.

Matthew 6:33 (NIV) But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Romans 12:1 (NIV) Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

2 Chronicles 20:2-3 (NIV) Some people came and told Jehoshaphat, "A vast army is coming against you from the other side of the Dead Sea.... Alarmed, Jehoshaphat resolved to inquire of the Lord, and he proclaimed a fast for all Judah.

2 Chronicles 20: 21 (NIV) After consulting the people, Jehoshaphat appointed men to sing to the Lord and to praise him for the splendor of his holiness as they went out at the head of the army, saying: "Give thanks to the Lord, for his love endures forever."

2 Chronicles 20:22 (NIV) As they began to sing and praise, the Lord set ambushes against the men of Ammon and Moab and Mount Seir who were invading Judah, and they were defeated.

Warm Up:

This week get to appreciate our ATeam members. Do you serve somewhere on the ATeam? What do you love the most about serving? If you don't serve, what is somewhere that you might be interested in serving in?

Discussion:

1. Did you observe the sabbath last week? If so, what was that time like? If not, what held you back?
2. Pastor Scott asked the question "Are you going to change with the culture or are you going to stick with God?" How would you answer this question? Why do you think it's so easy to change with culture and hard to stick with God?
3. Read Exodus 20:8-11. Why do you think God is so adamant about resting? What does it mean to keep the Sabbath holy? What surprises you the most about this passage?
4. The first application point Pastor Scott gave us was "I keep the Sabbath holy by stopping." What does it mean for you to stop? How can you stop?
5. Pastor Scott's application point was "I keep the Sabbath holy by making it a priority." What needs to happen for you to make sabbath a priority? Why does it need to be a priority for you? What is stopping you from making it a priority?
6. The last application point Pastor Scott gave us was "I keep the sabbath when I worship." Read Romans 12:1. How is sabbath worship? How can you turn your time of Sabbath into a time of worship? How might that change the way you view and observe the Sabbath?
7. Read 2 Chronicles 2-3, 21-22. What can we learn about the sabbath from these verses?

Next Steps:

Pastor Scott ended this week with this:

So today...maybe the first thing you need to do is simply stop...and I know, the way some of you are wired, this can be extremely difficult...but the truth remains, you need to be still so that you can know the presence of God. Maybe you need to make this a priority...God's not on your list, He's in his rightful place at the top of your list...I will sabbath first, seek him first. Maybe for some maybe it's a posture of worship. To praise God at any time is a good thing, but to praise Him in difficult circumstances is an intentional choice to trust God no matter what. Doing so does not ensure a particular outcome, but it certainly puts us in the position of being in the flow of God's power, where we can find rest for our souls...

What are your next steps for sabbath? Do you need to stop? Do you need to make it a priority? Do you need to make it a posture of worship? What can you do this week to not only practice the sabbath but make it holy?